The Edge is Here!
The biggest ever Edge Festival takes place in Solva on 2/3/4 August. Advance ticket sales are going really well so try to get yours now and avoid queuing at the gate, or, worse still, being locked out! The pocket programme is in the shops and pubs of Solva but it is already out of date in that we have an additional surprise act! Once again a huge thank you to the community that is now whole-heartedly supporting this voluntary, fundraising event. Individuals have donated cash, bought raffle tickets and volunteered to help. If you want to join the Edge Voluntary Army let Ifor Thomas know on 07971 038643. We still have some slots to fill! The volunteers induction meeting will take place on the festival field at 6pm on Thursday 1 August in the Greenscar Bar. Please come and enjoy the range of exciting food from our stall holders, catering for all tastes, washed down with a range of alcoholic and soft drinks, including a huge collection of ales, cider, wine and of course our very own Solva Gin. See you there!
The Edge Festival has sponsored the purchase of polo shirts for our local RNLI lifeboat crew based at St Justinian. On Tuesday 23 July a formal presentation was made to the Lifeboat Coxswain Dai John.
There will be a bottle stall at the festival, to raise funds for 2019 Solva fireworks display. It will be up and running on Saturday 3 August at about 3:30pm in the marquee. Donations for the stall (pop, wine, beer, whatever you've got spare) will be very gratefully received, and can be left at Bay View Stores or collected by Vicky (call Vicky on 07748 352889). Please attach a label to any donation with your name or business, if you would like a mention on our sponsors’ board.

The theme this year is Musicals (stage or screen). Trail maps will be available from outside Bay View Stores and in the Harbour car park from 10:30 am each day. For further information on the trail and registration for scarecrow-makers, please call Fran Barker on 07377 059265 (text or message) or email: fran34hb@gmail.com.

Solva Regatta - Sunday 11 August - A new regatta programme, which combines the Solva Inshore (adult) regatta and the Children's regatta into one event, is to held on Sunday 11 August, with entries being taken from 11 am and the regatta starting at 1pm. The committee would greatly appreciate your support on the day, by giving of donations, or even sponsoring an event. Details on www.solvaregattas.co.uk.
Solva Memorial Hall 100 Club Results for July Draw:
1st £50 No. 114 - The Late Mrs Mel Calder
2nd £40 No. 3 - Mrs Jane Holland
3rd £30 No. 7 - Mrs Pat Mayoh

Church in Wales services for August:
Sunday 4 Aug Morning Worship at 9:30am - Solva
Sunday 11 Aug Holy Eucharist at 9:30am - Solva
Sunday 18 Aug Morning Prayer at 11:30am - Whitchurch
Sunday 25 Aug Holy Eucharist at 9:30am - Solva

Church in Wales summer Fete and Fun dog show.
Thursday 1 August at 2pm in Parc y Capel.
Stalls: bric-a-brac, books, plants, bottle, raffle, plus tea & cake (in the Memorial Hall) and the famous dog show!

Singing for Fun
The group will be performing a short fun-filled concert in Solva Memorial Hall on Monday 16 September starting at 7.30pm, followed by refreshments. You get in for free, but you do need to put something in the retiring bucket if you want to go home! All proceeds to Solva Care. Our new term will begin on Monday 23 September at 7pm, again in Solva Memorial Hall. New members are always welcome - just come along on 23 Sept for a free try-before-you-buy session. Please visit www.Singingforfun.co.uk

St Davids & Solva Art Group
We are looking forward to seeing you at our forthcoming Summer Art Exhibition, which opens on Wednesday 31 July and runs through to Friday 16 August in the City Hall in St Davids. It will be open from 10am - 6pm daily and entry is free. This local group presents original art work in a variety of mediums and styles. Something for every pocket. Come and see for yourself.

SOLVA COMMUNITY CINEMA
Thu 1 Aug: Bohemian Rhapsody (12A)
Thu 5 Sep: Crazy Rich Asians (12)
Thu 3 Oct: The Green Book (12A)
Thu 7 Nov: The Wife (15) + a simple meal will be available, details to follow!
Adults: £5.00; Under 18’s: £3.50
Doors open: 7pm / Show: 7:30pm

Thursday 2 September

Solva WI
The July meeting, held before the summer break in August, takes place in a member’s garden. Sue King hosted this sociable event and as ever, members supplied delicious items for tea and the weather was pleasant enough to sit outside. The business was kept to a minimum: however, ideas were put forward on options for the generous bequest from Marilyn Davies, including a visit to the Italian prisoner of war chapel and purchase of a laptop computer and projector.

It is hoped to visit the Wildlife Centre at Cilgerran on Monday 9 September and as usual, Solva WI will have an entry in the Scarecrow competition.

That evening 4 members took part in the car treasure hunt for North Pembs.

The next meeting will be in the Hall on Thursday 12 September when we will take part in a fun competition for the Jean Platt Trophy, and please remember that the flower of the month competition is back on!

Solva WI welcomes new members and visitors. We meet most months in Solva Memorial Hall on the 2nd Thursday at 2pm
Contact Kathryn: 01437 721283

Solva Community Cinema AGM Update - We had a well-attended AGM on Thursday 4 July - many thanks to those who came along.
Ysgol Penrhyn Dewi

Ysgol Penrhyn Dewi was delighted to host its first summer concert at St Davids Cathedral on Tuesday 16 July: a wonderful event. Thank you to all the pupils who performed under the tutelage of Mr Earey and Mrs Bramley as well as Mrs Thomas (all of whom worked so hard to put on this event), as well as the peripatetic music teachers Chris Gillatt, Philippa Roberts, Kevin Shanklin and Hillary Lewis, for their support.

Sweden Sports Tour - This term our school’s senior boys rugby team travelled to Gothenburg, Sweden for their first international rugby sevens tour! Playing at Spartacus RFC they displayed some brilliant rugby and teamwork on the first day and won their first two games 40-0 and the third 21-0. This ensured victory in the tournament and they were awarded the Viking Cup, the first ever Welsh U16’s squad to do so! Aidan campus would like to thank their recent visitors: St Davids Fire Service, Moz and Luke from the RNLI, Mandy the nurse, Canon Leigh and Reverend Diana. Also, we would like to say a huge thank you to Cyfeillion YPD for all their hard work and support fund raising for our school.

New Disposable Nappy & Incontinence Waste Collections
From September 2019, Pembrokeshire County Council will be introducing a new subscription-based fortnightly waste collection service for disposable nappies and other absorbent hygiene products (AHPs) such as incontinence waste products. To register: www.pembrokeshire.gov.uk/myaccount, log onto your account or set up a new one to sign up for the service.

Solva Heritage Society
Examining the generous contributions about Prendergast has been absorbing but there is still much to be done. Information gleaned from the various census lists is gradually telling the stories of families and property. Photographs, especially of people, bring the stories to life so, please, keep searching. These precious memories can be scanned so that you will not lose the originals. They will help to keep our heritage alive. Contact: 07739 158024 or e-mail: solvaheritage62@gmail.com

Shalom House Coast Path Challenge 2019
The challenge is progressing well - but we still need your help to complete the challenge of walking the whole 186 miles! Please get in touch to pledge us your walk! Thank you. Also, we extend an invitation to attend one of our Focus Friday sessions in August: Friday 2 August - Living with Fatigue (follow on session); Friday 9 August- Sleep Promotion; Friday 23 August - Easy Breathing - Respiratory Care; Friday 30 - Relieving Stress and Reducing Anxiety. All days are free of charge and refreshments provided. Donations welcome and contact us on 01437 721344 to find out more and to book.

North Pembrokeshire Open Studios
This new art trail runs 24 August to 8 September with 37 North Pembrokeshire artists opening their studios to visitors. Opening times are generally 11am-4pm. In Solva, Nicola Schoenenberger and Sarah (Burns) Morgan will be at Genista in St Brides View, with original paintings of local seascapes and landscapes plus prints and cards. Mandy Fish at River Cottage, 32 Prendergast (24-30) is showing contemporary artwork capturing the essence of Pembrokeshire’s geological and geographical energy. Warren S. Heaton at Oriel Fach in Solva’s Main Street is exhibiting paintings that show the sense of longing we feel when we see the beauty of nature. Wildlife and landscape artist Robert Davies will be exhibiting plates from his field guide on African raptors and sketches of the Karoo, South Africa. Brochures are available now from Bay View Stores and Sarah (Burns) Morgan 07909 697109 or Nicola Schoenenberger 07712 013771.
Solva Community Land Trust
Following the AGM a further meeting has been held to progress the possibility of Solva taking over the management of the project to build new houses on the football field opposite Bay View Stores.
The form that this would take is a Community Land Trust. This would ensure that local people get the benefit of the new housing whilst the community would retain overall ownership ensuring a continuing income.
We are now in the process of forming a steering group and if you would like to be part of that please let Ifor Thomas know on 07971038643.
This represents a hugely exciting opportunity for the village but there are many hurdles we have to jump before this ambitious project can come to fruition. If you have the enthusiasm to contribute, then please come and join us!

Campaign to save Trecadwgan Farm - Update
Six weeks of effort and consultation between campaigners and Pembrokeshire County Council (PCC) were rewarded on Friday 12 July with a formal agreement to remove Trecadwgan Farm, from public auction. Considered attention from both Council officers and by members of the “Save Trecadwgan Farm” community group has ensured the successful signing of an agreement confirming the removal of the property from auction. The Community Group has now been offered the opportunity to construct proposals and a funding plan with a view to making an offer to purchase the property. The campaign group had galvanised support through leafleting, consultations, public meetings and raised over £50,000, as requested by PCC, within just a few short weeks. Negotiations with PCC steadily progressed and were satisfied on Friday with the above mentioned signing of the agreement.
Supported by Solva Community Council, Solva residents and those from further afield, who recognise the potential of Trecadwgan Farm to be once again at the heart of the community, this agreement is a first triumph in achieving a collective vision for the property as a working farm. As expressed by Gerald Miles, this is a chance for “growing and serving food, for the community, with the community”. Further support included letters to PCC by MP Stephen Crabb, AMs Eluned Morgan and Joyce Watson, including mentions in the Senedd to highlight the importance of this project on a local, regional and even wider basis.
If all goes to plan the farm will be a place of enterprise, ecological farming, artisan crafts, employment, education, an opportunity to promote local health and well-being and of food production, including a processing facility where farmers and other producers in the local area can add value to their produce. Support from professional bodies, including the Land Workers’ Alliance, Wales Co-operative Society and the Plunkett foundation, investors and other interested parties, evidences the potential and conviction of the community group to raise necessary funds and to transform the destiny of Trecadwgan Farm.
For further information please contact: Rupert Dunn (campaign leader) 07955 387614, Gareth Chapman (press liaison) 07900 411952 / trecadwgan@gmail.com

TYF Clothes Swap
Join us at the TYF Shop, 1 High Street, St. Davids on Monday 12 August at 5.30pm when we will be hosting yet another Clothes Swap. Give your old clothes a new lease of life and a new home whilst you do the same with somebody else’s. Clothes Swaps are events which familiarise folks with another way of reusing garments and accessories – swapping clothes with friends and strangers. Attendees will have the opportunity to swap clothes with one another, socialize and learn about the impact the fashion industry has on the planet. Please ensure your clothes are clean and in good condition. For more information contact shop@tyf.com or call 01437 721 611 @tyfadventure / www.tyf.com
News: Family Carers

Solva Care currently supports family carers with short respite, pop-in visits, shopping, picking up prescriptions etc. We were thinking of organising a social get together for carers - would this be of interest to any of you? Or have you got any suggestions of other things we could assist with? Suggestions can be emailed to contact@solvacare.co.uk, put in the “Suggestion box” in Solva Memorial Hall; or you can call Lena on 07805 717556.

On Saturday 24 August in Solva Memorial Hall Solva Care is sponsoring "A Light at Sea" event - an afternoon photographic exhibition and evening magic show and talk, celebrating the wondrous marine life of Pembrokeshire. Solva’s magician Tom Luddington and his wife, marine biologist and photographer Lou Luddington have sold their house and are renovating a sailing yacht to sail around the world! The “A light at Sea” is a send-off event and will incorporate award-winning photographs and some seriously good magic. Doors open for the exhibition at 2pm (Free entry). The Magic show and slide-show commences at 7:30pm, entry fee Adults: £7.50, Children £2.50. It is rumoured that some of Tom’s recent apprentices, from his magic course, may perform as well!

On the subject of entertainment - Solva Care Volunteers helped with transport for people who wanted to watch the YSADS perform of “Megan and the Golden Key”, last week. Highly enjoyed by all. Well done Solva youth.

Also there will be an opportunity to create sculpture at the VC Gallery in Haverfordwest, on Wednesdays at 11am. Please contact Sandra young on 01437 721450 for more information.

Friday Club

On Friday 7 June Helen provided a music quiz for the first session, stimulating cogs of memory, fun and enjoyment. In the second half she took us through movement routines necessary for everyday life. The following Friday Rosita returned with some old favourites - familiar songs chosen out of her extensive repertoire, then Helen expanded and extended her gentle movement reinforcing the previous week's session. During week three, Christine helped everyone paint a very presentable and creative coaster whilst Carol Ann's Beetle Drive gave everyone an opportunity to develop and practise a whole range of skills facilitating a platform for networking and conviviality. The Solva Ukulele Pirates along with Brenda's Line Dancing produced yet another very successfully received session, enjoyable for both band members and audience. Friday Club finished at the end of July with Tony’s Country & Western and will resume in September. Suggestions for activities would be very welcome. Contact Sandra 01437 721450 or Lena 07805 717556

Final Note: Free to a good home - Lightweight wheelchair (unused) - Kitchen trolley (unused) And a mobility scooter is also available. Contact Lena on the above number.

Solva Surgery

As from Monday 2 September, the practice will close the reception desk and the Dispensary between 1pm and 2pm for administration work. The main door will remain open for any emergencies, as will the telephone lines. In an emergency please telephone 01437 721306. There will always be a doctor on call. As a single-handed practice with 2500 patients and one GP, we feel that this is the best way forward. If patients ring for results, it would be helpful if they could ring after morning surgery has finished (after 12 noon).
Solva AFC - End of season award winners

U12 Awards:
Most Improved: Joe Docker
Most Consistent: Jack Richards
Players' player: Danny Thomas
Top Goal Scorer: Montie Lavin
Player of the Year: Montie Lavin

U10 Awards:
Most Improved: Max Findlay
Most Consistent: Finn Price
Players' Player: Sean Bolger
Top Goal Scorer: Jay Thomas
Player of the Year: Oli Hopkins

Senior Awards:
1st Team Players' Player and Top Scorer: Josh Bland
1st Team Player of the Year: Ben Joyce
2nd Team Players' Player - Ben Evans
2nd Team Joint Top Scorers - Corey John/Will Griffin
Most Improved Player: Dan Rees
Young Player of the Year: Ollie Owen

Solva AFC is looking for new recruits: solvaafc@gmail.com

St Davids Sports Hall
Did you know that PCC is cutting back on the opening times of St Davids Sports Hall because of lack of use and the need to make cost savings! At the end of July the Hall will close on Sundays and from Sunday 1 September it will close on Thursday mornings too! Friday night Badminton Club members recently had to make a strong case for the Centre to remain open for Friday nights, otherwise a much loved club would have had to close. That would have affected many people from Solva who attend it on a regular basis. This is all a thin end of the wedge and we need to make use of the Hall otherwise it is in danger of closing down for good. Are you aware that in addition to two evenings of badminton, and a gym, there are loads of activities throughout the week to suit all abilities and interests: netball, group cycling, “core and stretch”, kettlebells, table tennis and Pilates? Go on, have a go, and feel the benefits of keeping fit! For further information call the centre on 01437 775506. Many thanks Sue Denman

Tai Chi classes are on hold during August and will re-commence in September.

CoCa Community feast
Friday 16 August from 7pm - late.
A Community Feast in a cattle shed at Caerhys Farm, Berea, St Davids SA62 6DX.
4 course meal, with vegetables from the farm with organic lamb roasted buried in earth covered with seaweed, cooked over 24 hours. Great feast for £25 per person.

Caerhys Harvest Party
Saturday 17 August 12.30 pm until Sunday morning!
The greatest Fest-in the West!
Talks & Workshops & Farm Tour, Live Music - Delicious Hot Food, Sour dough wood-fired pizza from Torth y Tir.
Fully stocked bar with local Ales & Ciders.
Free Camping.
Price: £10 per person.
£5 after 6pm. Free for kids under 16 yrs.
Tickets via email: gm@caerhys.co.uk

Men’s Shed is having a break over the Summer, until September.

Solva Boat Owners Association
• Thursday 1 August RNLI Lifeboat visit 19:30 hrs, plus free life jacket inspection. Members parking only.
• Sunday 4 August - Swim to the Edge (part of the Edge festival) Harbour to Scars.
• Sunday 11 August Solva Regatta - No Parking on Trinity Quay and Boat owners are requested to keep away from Slip and Trinity Quay during regatta.
• Dogs must be on leads on SBOA property, at all times and any fouling bagged
31 Jul-16 Aug  | St Davids & Solva Art Group Exhibition | St Davids City Hall | 10am-6pm
Thu 1 Aug  | Church in Wales fete & dog show | Parc y Capel | 2pm
Thu 1 Aug  | RNLI Norah Wortley visit | Trinity Quay | 7.20pm
Thu 1 Aug  | Solva Cinema: “Bohemian Rhapsody” (12A) | Memorial Hall | 7pm
Aug 2,3,4  | Edge Festival | The village | All day
Fri 2 Aug  | Focus Friday session: Living with Fatigue (follow up) | Shalom House | 10am-2pm
Fri 9 Aug  | Focus Friday session: Sleep Promotion | Shalom House | 10am-2pm
11 & 12 Aug  | Solva Scarecrow Trail | The village | 10am
Sun 11 Aug  | Solva Regattas - August Regatta | Trinity Quay | 11am
Mon 12 Aug  | TYF Clothes Swap | TYF shop St Davids | 5:30pm
Wed 14 Aug  | Family “No-cook” workshop | Oriel y Parc | 2pm-3:30pm
Fri 16 Aug  | Coca Community Feast | Caerhys Farm | 7pm
16 & 17 Aug  | Mini Cider Festival | Harbour Inn | All day
Sat 17 Aug  | Harvest Party | Caerhys Farm | 12.30pm
Fri 23 Aug  | Focus Friday: Easy Breathing - respiratory care | Shalom House | 10am-2pm
Sat 24 Aug  | “A light at Sea” exhibition and magic evening event | Memorial Hall | 2pm & 7:30pm
24 Aug-8 Sep  | North Pembrokeshire Open Studios - see page 3 | Various venues | 11am- 4pm
Fri 30 Aug  | Focus Friday: Relieving stress & reducing anxiety | Shalom House | 10am-2pm
Thu 5 Sep  | Solva Cinema: “Crazy Rich Asians” (12) | Memorial Hall | 7pm

REGULAR EVENTS

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Event Description</th>
<th>Location</th>
<th>Host</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>10-11am</td>
<td>Solva Tai Chi</td>
<td>Memorial Hall</td>
<td>Fey</td>
<td>07802 648793</td>
</tr>
<tr>
<td>M</td>
<td>10.30am-12.30</td>
<td>Coffee &amp; Chat</td>
<td>Capel Ucha</td>
<td>Grace Davies</td>
<td>01437 721533</td>
</tr>
<tr>
<td>M</td>
<td>2.30pm</td>
<td>Welsh Conversation Class</td>
<td>Capel Ucha</td>
<td>Grace Davies</td>
<td>01437 721533</td>
</tr>
<tr>
<td>M</td>
<td>7-8.30pm</td>
<td>Singing For Fun</td>
<td>Memorial Hall</td>
<td>Anne Hughes</td>
<td>07742 576031</td>
</tr>
<tr>
<td>M</td>
<td>7-9pm</td>
<td>Solva Youth Club</td>
<td>Football Club</td>
<td></td>
<td></td>
</tr>
<tr>
<td>T</td>
<td>2-3pm</td>
<td>Gentle Fitness</td>
<td>Memorial Hall</td>
<td>Laura: <a href="mailto:letswalkpembs@gmail.com">letswalkpembs@gmail.com</a></td>
<td></td>
</tr>
<tr>
<td>T</td>
<td>2pm</td>
<td>Men’s Shed</td>
<td>Football Club</td>
<td>Robin Tyler</td>
<td>01437 721588</td>
</tr>
<tr>
<td>T</td>
<td>6-7pm</td>
<td>Fit4Life</td>
<td>Memorial Hall</td>
<td>Helen Patel</td>
<td>07920 197317</td>
</tr>
<tr>
<td>T</td>
<td>9pm</td>
<td>Tony’s Big Time Bingo (3rd/Tm)</td>
<td>Harbour Inn</td>
<td></td>
<td>01437 720013</td>
</tr>
<tr>
<td>W</td>
<td>12.30pm</td>
<td>Senior Citizens’ Lunch Club</td>
<td>Memorial Hall</td>
<td>Jane Pascoe</td>
<td>01437 721544</td>
</tr>
<tr>
<td>W</td>
<td>2-4pm</td>
<td>Solva Craft Club</td>
<td>Memorial Hall</td>
<td>Maggie</td>
<td>01437 720478</td>
</tr>
<tr>
<td>W</td>
<td>6pm</td>
<td>Youth Rowing Club</td>
<td>Trinity Quay</td>
<td>Steve Probert</td>
<td>07970 063074</td>
</tr>
<tr>
<td>W</td>
<td>8pm</td>
<td>Quiz at the Ship</td>
<td>Ship Inn</td>
<td></td>
<td>01437 721528</td>
</tr>
<tr>
<td>W</td>
<td>9pm</td>
<td>Dai Ball’s Quiz/Open the box</td>
<td>Harbour Inn</td>
<td></td>
<td>01437 720013</td>
</tr>
<tr>
<td>T</td>
<td>10.30-12 noon</td>
<td>Coffee Morning / Mini library</td>
<td>Memorial Hall</td>
<td>Carol Ann</td>
<td>01437 721374</td>
</tr>
<tr>
<td>T</td>
<td>10.30-11.30am</td>
<td>Pilates</td>
<td>Memorial Hall</td>
<td>Pip Marsh</td>
<td>01437 720314</td>
</tr>
<tr>
<td>T</td>
<td>11.45am - 1pm</td>
<td>Computer Club</td>
<td>Memorial Hall</td>
<td>Tom</td>
<td>01437 774775</td>
</tr>
<tr>
<td>T</td>
<td>2pm</td>
<td>Solva WI (2nd Thurs of month)</td>
<td>Memorial Hall</td>
<td>Kathryn</td>
<td>01437 721283</td>
</tr>
<tr>
<td>T</td>
<td>2.30pm</td>
<td>Bible Study Group</td>
<td>Capel Ucha</td>
<td>Grace Davies</td>
<td>01437 721533</td>
</tr>
<tr>
<td>T</td>
<td>6pm</td>
<td>Rowing Club</td>
<td>Trinity Quay</td>
<td>Steve Probert</td>
<td>07970 063074</td>
</tr>
<tr>
<td>T</td>
<td>7.30pm</td>
<td>Solva Cinema (1st Thu/month)</td>
<td>Memorial Hall</td>
<td>Lena Dixon</td>
<td>07905 717556</td>
</tr>
<tr>
<td>F</td>
<td>10-12 noon</td>
<td>Solva Care “Drop-in Surgery”</td>
<td>Solva Surgery</td>
<td>Lena Dixon</td>
<td>07805 717556</td>
</tr>
<tr>
<td>F</td>
<td>2-4 pm</td>
<td>Solva Care “Friday Club”</td>
<td>Memorial Hall</td>
<td>Lena Dixon</td>
<td>07805 717556</td>
</tr>
<tr>
<td>Sn</td>
<td>10.30am</td>
<td>Tabletop sale (1st Sun/month)</td>
<td>Football Club</td>
<td>Medi George</td>
<td>07954 241589</td>
</tr>
<tr>
<td>Sn</td>
<td>10.30am</td>
<td>Church service</td>
<td>Capel Ucha</td>
<td>Grace Davies</td>
<td>01437 721533</td>
</tr>
<tr>
<td>Sn</td>
<td>9.30 / 10.30am</td>
<td>Church in Wales services</td>
<td>St Aidans/Whitchurch</td>
<td>See page 2</td>
<td></td>
</tr>
<tr>
<td>Sn</td>
<td>8.30 pm</td>
<td>Barry’s Fun Quiz &amp; Raffle</td>
<td>Royal George</td>
<td>Barry</td>
<td>01437 720002</td>
</tr>
</tbody>
</table>

**Love Nutritious Food?** - Family No-Cook Workshop at Oriel y Parc 14 August 2 - 3:30pm
Learn about and prepare no-cook, energy-boosting meal and snack recipes that the whole family will enjoy. £10 / child, (children aged 5 -11 yrs). Booking essential 01437 720392.